

## Questions and Answers

1. **Q. Why do we have to wait until 1986 to start healing the world? Who knows what might happen between now and then!**

A. You don't have to wait. Remember that you help the world when you lift up your consciousness and become one with the Christ Vibration within. So begin this day to clean up, clear out and expand your consciousness, knowing that *you* can make a difference right now! The world-wide Quartus membership is using the International Healing Meditation daily at 9:00 AM and 10:00 PM central time, and your participation now will release even more Light for the harmonizing of the planet.

We feel that it will take the 2-plus years between the time this book is published and December 31, 1986, to create the proper awareness of the Planetary Healing Day—and it's going to take a true grass roots effort to reach the millions of people who will consent to participate. Perhaps you will consider the idea of collecting signatures from friends and relatives, and asking them to do likewise. This kind of personal activity has been going on since early 1984 in the United States, Canada, England, and Europe, and by now I am sure that it has spread to other countries. Remember that we do not want addresses—just the name of the individual and the country. The signatures should be sent to P.O. Box 1768, Boerne, Texas 78006-6768.

2. **Q. Does the idea of “Superbeings” or “Masters” contribute to spiritual snobbery among New Age people?**

A. If it does, it's that bloated ego getting in the way again. Please understand this: Every soul on this planet, whether a New Thoughter, Mainliner, Fundamentalist, Catholic, Jew, Buddhist, Hindu, or whatever, is a master. No one is more spiritually advanced than another. The only difference is that some have awakened to their true Identity. The 12 phases of consciousness that I wrote about in *The Superbeings* are simply that—phases in the awakening process. Some of our brothers and sisters are asleep; they are sleeping masters. Some are awake; they are the awakened masters. And millions are just now coming out of the deep sleep. Let's call them drowsy masters. As you work with this book to eliminate false beliefs, error patterns and negative appearances, you will experience a rise in consciousness. And as you develop a greater awareness, understanding and knowledge of the Christ within, your outer world will change accordingly. But even when total dominion comes, you will not be more advanced than your neighbor. In fact, the greater the spiritual evolvment, the greater the desire to *serve* . . . the higher you rise in consciousness, the more you will express unconditional love toward one and all. An Awakened One has no false pride or spiritual arrogance!

3. **Q. I have heard that there has been some opposition to the New Thought Movement because it believes in the divinity of man. Is this true?**

A. There are some groups who continue to cling to the absurd idea that man is a miserable sinner and worm of the dust. Yet most profess to believe in Jesus Christ. If we look at the words and teachings of Jesus in the New Testament, we'll see that his primary purpose for coming into this world was to reintroduce the concept of the

innate perfection of man. Understand that Jesus would never tell us to do something that would be considered impossible, so when he said “Be ye therefore perfect, even as your Father which is in heaven is perfect” (Matt. 5:48)—he was telling us to awaken to the Truth of our Identity. Jesus also stated that “the kingdom of God is within you” (Luke 17:21)—not on the other side of some distant cloud. And he taught the oneness of man and God when he prayed, “That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us . . .” (John 17:21). He also firmly established the Father-son relationship of God and man when he said, “And call no man your father upon the earth: for one is your Father, which is in heaven” (Matt. 23:9). He identified himself as the light of the world—and then said “Ye are the light of the world” (Matt. 5:14). In other words, our true nature is identical to Jesus. And through Christ indwelling “. . . nothing shall be impossible unto you.” Would a worm of the dust have dominion over this world? No! But a Son of God does—and that’s exactly Who and What you are! Jesus confirmed this in John 10:34 when he said “Ye are gods.” Continue on through the Bible and you’ll see that the primary teaching is on the Oneness of God and man. “The Holy Spirit which is *in* you . . .” (I Cor. 6:19). “. . . it is the same God which worketh all *in* all” (I Cor. 12:6). “. . . stir up the gift of God, which is *in* thee.” (II Tim. 1:6). (The italics are mine.)

**4. Q. How do you define the antichrist?**

A. Any individual or group who denies the divinity of man as exemplified by Jesus Christ, i.e. to be in opposition to “Christ in you”—the indwelling Christ or Higher Self of each individual. The ego or mortal mind may also deceive you, and is often considered the voice of the antichrist, however, the illumined ones have identified this inner adversary as Satan or Lucifer—the

“personality” phase of mind that tempts man to believe he is separate and apart from God.

**5. Q. Are New Thought teachings and Ancient Wisdom the same thing?**

A. The common denominator of metaphysics is there, but I would consider New Thought more as spiritual psychology and Ancient Wisdom more as esoteric philosophy. Another way to look at it would be to say that New Thought is Ancient Wisdom Westernized, Christianized, and Pragmaticized. In the coming years the New Thought teachings will place greater emphasis on energy, vibrations, centers of force, the rays, etc., while the Esotericists will focus more on the *one* Master within each soul.

**6. Q. How can I convince my husband that reincarnation is true?**

A. You can't. When he is ready to change his belief system and accept new ideas, he will, but to try to force your beliefs on him will only damage your relationship. Based on the 100th Monkey concept (when enough people believe something is true, the idea reaches critical mass and becomes true for everyone), the acceptance of reincarnation will one day be universal. It is interesting that throughout our recorded history, reincarnation was a part of the human belief system. In fact, for more than 500 years after the beginning of Christianity, the concept of reincarnation was part of the Christian teaching. But in A.D. 553, at the second Ecclesiastical council of Constantinople, it was banished from “official” Christianity. Here was a doctrine that had been a teaching of Buddha and accepted by Jesus . . . one that had been taught by the Hindus, the Egyptians, the Greeks, and the Jews. Yet it was dismissed with the stroke of a pen by a council of men. Fortunately, the majority of

people on the planet still believe that “reincarnation is a fact.”

**7. Q. Are the New Age Children supposed to be “different” or more spiritually minded?**

A. We have been told that beginning in 1976, the majority of babies born into the earth plane have been illumined ones. And in our travels around the country we have seen and heard evidence of this. Examples would include the three year old boy in Oklahoma who healed his mother when she suffered a stroke . . . a four year old girl in New York who began teaching her parents metaphysical truths during a period of family friction . . . a large number of boys and girls who can read and comprehend what they are reading by the age of two . . . little ones who see auras, who know what you’re going to say before you speak, who radiate Light and great spiritual energy, and who know the meaning of love better than most adults.

Marcus Bach has written that “there is a unique breed of modern children endowed with an innate tendency for love, gifted with super-normal intuition, and equipped with a vision of heightened spiritual values and a more peaceable world.” As parents, you have a definite responsibility to assist your children in fully awakening and understanding their mission and purpose. And you can best do this in a home permeated with peace and love—and by practicing what you teach. These children have psychic introspections and the ability to mature much more rapidly than the “average” child, and they can read you like a book. Here are a few suggestions:

- Develop an atmosphere in the home of trust, love and humor. As Marilyn Ferguson writes in *The Aquarian Conspiracy*, “One key is authenticity . . . parents acting as people, not as roles.”
- Before they enter the educational system, take a page

from Socrates. He defined education as withdrawing wisdom from the mind of the child out to where he could examine and use that which was already his from the very beginning. He proved this by working with the slave boy in Meno, showing that by skillful questioning, the boy already knew geometry. He simply helped the boy to *remember* something that was not a part of his objective consciousness.

- Consider your children as *individuals*—and treat them as you would want to be treated.
- Eliminate the words “bad” and “afraid” from your vocabulary.
- Don’t constantly “schedule” your child. Allow time for him or her to “Be.”
- Take time to “be still” with your child.
- Stimulate imagination and self-expression.
- Develop an understanding of our kinship with all life—all nature—the rocks, plants, animals
- Do not consider your children as your possessions. You don’t “own” them. You are simply a caretaker. And they are not to be molded in your image because they are already created in the image of God!
- Daily acknowledge the Christ in your child. See him/her as whole, strong, victorious, bright, joyous, flawless, fearless and free . . . an individualization of God on earth.
- Listen more and talk less.
- Be fair.
- Be honest.
- Love each one unconditionally, with absolutely no strings attached.

**8. Q. I don’t know if I can believe everything I read in all the New Age books. Do you?**

A. I try to be open-minded regarding everything I read or hear while at the same time practicing spiritual discernment. The research at Quartus covers a broad area

of metaphysical-esoteric topics and teachings, some of which are beyond my third-dimensional level of understanding. That's why I take everything into the inner chamber of Light for greater comprehension and appreciation. And sometimes I "see" the red flag signifying that the particular message is coming from a lower vibration consciousness, meaning that I should move on to something else. Each one of us must do this . . . we must sharpen our intuition so that we do not waste our time . . . so that we are not led astray. Just remember that all Truth must come from the Spirit of Truth within!

**9. Q. Are we being directed by Spiritual Masters from another realm?**

A. The "Pool of Wisdom" from the Illumined Ones is being drawn into the consciousness of the seekers as guidance. The sum of the whole is serving the parts until the Light from within each individual may shine forth as spiritual illumination.

**10. Q. Do you have evidence that meditation and spiritual "treatment" can really make a difference in a person's life?**

A. The Quartus files are filled with letters from men and women who have moved into new dimensions of consciousness through daily spiritual work, and who are enjoying the fruits of this higher vibration. A few examples follow.

- "Miracle follows miracle! Something which I timidly whispered to God about, never daring to come right out and ask for it, has come to pass. And the circumstances are so remarkable that it's clear that this miracle was only waiting for me to be ready to receive it. Now I know that all things are possible to he who believes."

- “Since I have become aware of the One Presence and One Power and became a partner with Same, my life is a daily miracle. Of course, one has to be aware, and constantly aware. I do feel blessed to KNOW ‘all things are possible to him who believes’ . . . ‘as a man thinketh in his heart, so is he’ . . . and ‘all things be ready if the mind be so’. The above to me aren’t just quotes but TRUTH, which I prove to myself every-day.”
- “I am producing results so fast and with so much abundance that at times I am frightened. I feel like a laser gun from some ‘Star Trek’ episode, the difference being that it’s not laser light beams but power and creative energy flowing through me out into the world. I’m producing results which the physical world attests to.”
- “For the past two years I’ve felt like a sponge, absorbing all I can read. Sometimes the absorbing has been pleasant, sometimes not. But I realize that the boundaries are set by me personally. When I rush to learn more, it’s almost more than I can personally comprehend, so I always go back to step one, which is to allow time to comprehend, then I’m ready to learn more. When I personally came to the end of my rope and decided to let go and let God, I found the Kingdom within. The knowledge that came with that was mind boggling. Suddenly all the pieces fit together.”
- “I finally learned the lesson of ‘I am the good that you seek’. I was seeking the result and thus concentrating on my needs rather than the Presence and the knowledge that *I* am the Cause. I feel so good! The miracles began happening yesterday and they are piling up one after another now.”
- “Late one night as I rounded a curve on my way

home, a car in the opposite lane traveling 100 miles per hour could not make the curve, slid in front of me, hit the curb, turned upside down and flew over the hood of my car. I felt protected throughout . . . no one was seriously hurt in the other car and all was well. I felt wrapped in a warm cocoon of love and life, and the feeling stayed very intense for days. During that time the universe continued to shower me with blessing upon blessing.”

- “I just wanted you to know how much we love and bless our new home. It was absolutely amazing that once I opened up my channels for receiving, the money just manifested for the down payment . . . \$13,000 in 48 hours. God works wonders in the most mysterious ways!”
- “I have just completed the 40 day program for prosperity. It works! I needed new furnishings for my bedroom—what I had was all worn out and I did not know where the money was coming from to make the changes. Then the day after I completed the program I received some money, but the amount could not buy all I needed because furniture in this area is expensive. So I said, ‘Dear Lord, this is what I have . . . I’m going out there with it so direct me to the right place where I can get what I want for what I have’. Well, I found the right furnishings—just as I had visualized—for the right price with \$100 left over and delivered the same day. God is so wonderful!”
- “I went to the ballet on Sunday afternoon. The parking garage was dark, so I turned on the car lights. No spaces. I ended up on the roof in the bright sun, forgot my lights and left them on. Three hours later, on my return, all the battery would say was one tiny ‘uhh’ when I turned the key. I prayed and tried it again several times. ‘Uhh’—nothing more. I acknowledged my

error, asked forgiveness for it, and forgiveness for my belief that a dead battery meant the car wouldn't go; acknowledged that God is the *only* power, that the appearance of the dead battery was an appearance of illusion only, that the past was over and could touch me not, that there is no order of difficulty in miracles, that Holy Spirit was solving the problem for me this very instant, and that I knew that all the Love in the universe was pouring energy into my battery at this very instant. That took one and a half minutes. I turned the key again, and the motor started right up, no sign of further difficulty. The postscript is that I told my assistant about it the next day. On Tuesday she went to the store in a driving rainstorm, turned on her lights, forgot them, came back to a 'dead' battery that would say nothing more than 'uhh'. She meditated and 'remembered' for a minute and a half, and *her* battery flared right up, no further trouble. She acknowledged some doubt, but she believed enough to do it anyhow, and so it worked."

- ". . . I am so happy to tell you that everything has turned around and that my world is now filled more than ever with light, peace and happiness. When I last wrote I was overcome with such fear and loneliness—and I was out of work to boot. But when I let go and let God, my whole world became filled with light. I literally fell into a job that I love, and several new clients came my way. My prosperity is growing and surely I am on my way to financial independence. But more than that, all fear has completely disappeared, and I KNOW that God is ever my Source."
- "Now the healing energy flows and heals through no effort of my own, other than to be what I AM, have always been now and forever—LOVE. What Jesus did, we all can do. I know. I have. If I can, all can—by

becoming aware of who they are and what they are and claiming their divine inheritance.”

**11. Q. What is the most effective form of meditation and spiritual treatment?**

A. The one that works for you. Remember that your good already IS! You already have in the depths of your consciousness the spiritual prototype of everything you could possibly desire in the physical world. Your role in the scheme of things is to clear your consciousness and become an open channel for the outpouring of your good. And the “way” to do this depends on your particular mind-set and vibration of consciousness. As you spend time with the “lessons” in the workbook, and devote a period each day to contemplative meditation, you will open the door to the Secret Place. The Spirit within you guarantees it!

**12. Q. Can we evolve in consciousness more rapidly through group activities?**

A. If you mean *spiritual* groups, the answer is definitely yes. The time of spiritual growth through total isolation is gone. It went out with the Age of Pisces. In the Aquarian Age, the Age of Spirituality, the emphasis is on two or more gathered together in the name and through the power of the indwelling Christ. This is why it is so important to get involved with a New Thought church, study group, or a weekly class where experiences are shared. When the group is on the same vibration, spiritual treatments and “master minding” are very powerful, frequently overcoming the limitations of time and space in producing new conditions. And the sharing of energies can definitely enhance spiritual growth.