

CHAPTER EIGHT

The All-in-All of Self

1. You always receive according to what you recognize your True Self to be. One day in meditation I was told: “That which you believe I am, I AM.” In other words, whatever your consciousness attributes to your God-Self will determine your demonstration. If you believe the Spirit within to be the life and health of your body, then this perfection will be outpictured in your body. If you believe that your Master Self is your supply, you will never be at a loss for money.

2. This is the key: You must be aware that whatever you seek in life, you already have — because your Higher Self *IS* it! Whatever fulfillment you associate with your Self will be yours. So if you want to demonstrate radiant health, gain the consciousness that your True Self *IS* your health. If you want more financial abundance in your life, gain the consciousness that your Self *IS* your abundance, *IS* your prosperity. When you achieve a consciousness of your Inner Self as the ALL-IN-ALL, the Giver and the Gift, you will be stepping up to mastery.

3. In my experience I have found that I could pray and affirm and visualize and speak the word for days on end with nothing happening — because I was trying to *make* something happen. Only when I went within and *let* my God-Self enter

my awareness—to where I could truly say “I AM” from a sense of spiritual identity—did my world begin to change. And I have realized that it is my consciousness of God AS the needed thing or experience that causes the change . . . and the greater and deeper the consciousness, the more dramatic and rapid the change.

4. Your awareness, understanding, and knowledge must be based on the Truth that God, as your ALL-IN-ALL, is right where you are, individualized as you, appearing as you. This means that you do not have to go far to find the Whole Spirit of God. You only have to take your mind off the illusions of “this world” and turn within in contemplative meditation. Very soon you will sense an infinite Knowingness and your emotional nature will tingle with warmth and love. As you continue on the inner journey, the whole vibration of your being changes and you become a transparency for the Light. Now Spirit is “released” to go before you to “make all things new.”

5. But sometimes before your world becomes a reflection of this inner Perfection, you shut the door to Spirit and take over the controls once again. So whether you have a total adjustment in your life depends on how long you can keep the door open . . . how long you can allow the Master Consciousness within to work before the little self jumps in and says “my turn” . . . how long before the ego gets in the way.

6. Until there is a full realization and consciousness “locks in” to the Christ Vibration, you must watch your every step. It is much like balancing a jug on your head. When you keep your mind on the Presence within, you are in balance. But if you take your mind off the inner realm of Spirit and place the focus on the world of effect, the slightest stumble in consciousness will topple the jug and you may have a few shattered prayers. The problem is mental laziness. It comes down to a matter of priority.

7. When we look at the priority system of many of the evolved ones, we see that it is quite different from those still operating out of the lower consciousness. Most began just where the majority of people are today, but they began with

dedication and commitment – saying in effect: “I refuse to accept anything but perfect harmony in my life. I will not be sick. I will not be poor. I will not accept inharmonious relationships, and through the Spirit of God I AM, I will shatter these illusions and build a new model of Reality . . . a new world of peace, joy, abundance, wellness, loving relationships, true place success, fulfillment . . . a heaven on earth.” And so they established the priority of achieving mastery over this world, and they never lost sight of this goal. Many even made a covenant with God, written, dated and signed on a particular day.

8. Are you ready to take your vows to achieve mastery? This does not mean that you have to withdraw from the world and live like a monk. It means that you begin to really *live* life as the delightful child of God you are in Truth! And your Covenant with the Spirit within does not have to sound like an agreement written by a team of corporate attorneys. Make it simple, but make it meaningful, and I will assure you that if you will keep your part of the agreement, you will marvel at the miracles taking place in your life.

9. Write your covenant according to the dictates of your heart, but here is an example that may help you: “I agree from this moment on to do my very best to live according to the Christ Standard . . . to keep my mind on Him within, to feel love and joy, to think loving thoughts toward all, to speak as the voice of the Master Self, and to act always from a sense of inward direction. To accomplish this, I now release all fears, concerns, resentment, condemnation and unforgiveness. I let go of all negative and fearful images. I surrender all past mistakes and errors in judgment, and I empty out all false pride and ego-centered emotions. Everything in my consciousness that could possibly hold me in bondage I now cast upon the Christ within to be dissolved. I now choose to live under Grace, to be the perfect open channel through which Divine Love, Wisdom and Power flow forth as the Activity of Spirit in my life. And I see and know this Activity to be the perfect harmonizing of all relationships, the perfect adjustment in all situations, the perfect release from all

entanglements, the perfect supply for abundant living, the perfect health of my body, the perfect fulfillment in my life. I now go forth in faith, putting my trust in the Christ within, and living each moment with a heart overflowing with gratitude, love and joy.”

10. You keep your part of the agreement by thinking, feeling, speaking and acting in accordance with what you have written. And you practice the Presence throughout each day . . . seeing yourself as God in expression, affirming that the Master Consciousness indwelling is now appearing as your all-sufficiency, seeing your good from your highest vision, and speaking the word that the activity of Spirit is the only Power at work in your life.

11. Remember that you must not only practice the Presence (see the Christ) in yourself, but in all others, too. Understand that there is only one Self in all the universe, one Selfhood—and this Selfhood appears as you, as me, as each individual. Therefore, each and every Soul throughout the universe is a spiritual being—and since my I AM is your I AM, whatever I am saying about you, I am saying about me. If I criticize you, I am criticizing myself. If I see you as poor and weak and unfulfilled, I am seeing myself as poor and weak and unfulfilled. And what I see or say about myself is conditioning my consciousness accordingly. Because of the way the Law works, if I believe that you are suffering from any kind of lack, I am calling for an experience of lack in my life. If I judge by appearances that you are ill, I am setting up the possibility for illness to manifest in my body. Now do you understand why we must not judge others—and why it is absolutely imperative to love thy neighbor as thyself?

Spiritual Activity

Whenever a “need” comes to your mind, identify it consciously and then turn within and recognize that your Higher Self is the answer. Begin to associate everything that you could possibly desire in the outer world with Spirit within as immediate and total fulfillment. This shift in focus from effect to Cause will help to clear the channel for the activity

of Spirit. Remember, the Power can work for you only as It works through you.

For example . . .

If you need or desire . . . Contemplate Spirit appearing as

Money

Lavish abundance, an all-sufficiency of supply with a divine surplus.

Wellness

The restoring Power in every cell and organ . . . the pure and holy Life of the body; energy, vitality, wholeness.

A new loving relationship

The way, means, circumstance and situation for the attraction of the right person, at the right time and right place . . . the drawing together of Souls in an ideal relationship.

To heal a relationship

The energy of Unconditional Love joyously healing and harmonizing the situation.

A job

The perfect opportunity for you to find the greatest fulfillment in providing service to others.

It is also recommended that you write your Covenant with God this very day—and begin working immediately to keep your part of the agreement.