

## CHAPTER SEVEN

### The Choice is Yours

1. Some people feel that it is spiritually wrong to desire anything—and a few metaphysical writers follow the theme of “desireless living” in their books. They are basing this concept on Jesus’ instructions to “Take no thought for your life . . . your Father knoweth that ye have need of these things. But rather seek ye the kingdom of God; and all these things shall be added unto you.” (Read Luke 12:22-32.)

2. To understand the meaning behind this instruction, we have to look at it from two different levels of consciousness. The first level is predominantly “human”—in that the full robe of spiritual consciousness has not been put on. On this level we work spiritually to uplift and expand consciousness, but at the same time we are given the opportunity to shape and mold our world through the use of the various power centers established within our consciousness. We have the power of free will to determine what we want in life, and we have the authority to call forth our good through the powers of decree, imagination, enthusiasm, joy and faith. And then we *release* our desires, our needs, to the higher Vision and Power of the Christ Self within, and we give no further thought to a concept of NEED.

3. As I stated in the Author’s Preface to *The Superbeings*,

“The key thought that came forth from within went something like this: ‘Claim your good. Imagine your good. Speak the word for your good. Then care not if your good ever comes to pass’. That seemed to be quite a contradiction at first. If I desired something with all my heart, I *did* care if the desire was fulfilled or not. But the *caring*, which is another word for worry and concern, was actually diverting the power flow. I was told to choose what I wanted, see it as an actuality, call it forth into visible form and experience—then not be concerned about the outcome, regardless of how desperate the need.” In other words, “TAKE NO THOUGHT!” Let it go, release it, turn it over to a Higher Power and get out of the way of the marvelous creative activity of Spirit.

4. Now let’s move up to a higher level of consciousness and see what it means to “take no thought.” Simply stated, when your consciousness of Truth is the ruling force in your mental and emotional natures, this consciousness will automatically be reflected or outpictured in your world and affairs without any concentrated effort (thought) on your part. This is what it means to live under grace, as a beholder of God in action through you. And this is our objective, our ultimate goal, but until we reach that level of consciousness, let’s use the faculties, the powers, the attributes that we have at our disposal . . . one of which is the ability to *choose!*

5. Pause for a moment now and look at your life. Are you experiencing any kind of lack or limitation? Are you suffering from any type of physical ailment? Is your work boring and unfulfilling? Whether you answered “yes” or “no” to these questions is not the point; the point is that you are simply experiencing that which you have already chosen! Think of it this way: You could not have lack, sickness, unfulfillment and strained relationships unless you first chose these particular experiences in your life. How can this be? You cannot have anything in life—positive or negative—unless you *accept* it, and you cannot accept it unless you make up your mind to do so, and when you make up your mind about anything, that is the action of *choosing!*

6. It should be obvious to you now that you are constantly

choosing every moment of every day, so isn't it time to start choosing rightly? Isn't today the day to start acting rather than reacting? As you are sitting and reading this book, why not make a firm decision in your mind to do what you want to do, be what you want to be, and have what you want to have. Begin now to take control of your mind and emotions, and to focus on the peace, joy, love, abundance and radiant perfection that have always been yours. *Choose this day that which you desire!* As Charles Lelly has so aptly put it, "We are the master of our own destiny only in the measure of our ability to choose wisely and constructively."

### **Spiritual Activity**

If you have completed the Life Program section of your Spiritual Journal—as discussed in Chapter Three—go back and review the story that you have written about your life. If you have not begun this phase of your Divine Plan, you are encouraged to do so at once. Choose the experiences and activities that will be a part of your life beginning this day. Stake your claim to *all* your good—then release everything to Spirit and relax. Let go and let God be God! And remember, take no thought as to how your good is to come about. "God works in mysterious ways His wonders to perform" . . . "My ways are ingenious, my methods are sure" . . . "Trust in me, commit your ways unto me."