

CHAPTER FOUR

Your Personal World

1. What is included in *your* world? Start with your body — the most immediate visible form — and move out to encompass your family, your dwelling place and the environment in which you live, your job or career, your income and possessions, the people with whom you work, your friends and social activities, your community.

2. What you are seeing in this inventory of “your personal world” are *ideas* in your consciousness expressed on the third-dimensional plane. They are *your* images — and each image is nothing more nor less than your finite beliefs projected into materiality. Every person in your life is there by law of consciousness, and you are sharing mental or physical space with them through either positive or negative attraction. Even your children chose you based on the state of your consciousness.

3. Everything comes to you or is repelled from you based on the vibration of your energy field, and the vibration is established by your beliefs and convictions. Accordingly, you can see that nothing is out of place or out of order in your life. Everything is perfect based on your consciousness and the outworking of the law. Your world is a mirror of your thoughts, feelings, concepts — all pressed out in material form and experiences.

4. Do you like what you see? You are the architect and the builder, and you have designed and produced your world to the exact specifications of your consciousness. Even if you became a “health nut” to achieve a healthier body – and then ran away from your spouse, home, job, friends, and present lifestyle with the idea of starting all over again in a new city or country, in time your consciousness would create an almost exact duplication of your former world. You simply cannot run away from your world because you can’t run away from yourself. You can’t even escape by destroying your body, because you take your consciousness with you.

5. To run around trying to “fix” your world with the consciousness that produced the problem in the first place will only aggravate the situation even more. To change your world, you must change your consciousness. You must draw forth from within a new awareness, understanding and knowledge of the universe, the Power that sustains you, and the true nature of yourself. And with each degree in the shift in your consciousness, more Reality is revealed in your world.

6. Think of it this way: What you are experiencing in life are your finite ideas projected into materiality. However, behind what you see is what Spirit sees, and that Infinite Vision constitutes the Reality. For example, Spirit sees only a radiantly healthy body, therefore the perfect body form is the only Reality, and as your consciousness becomes more in tune with Spirit, your body will change to reflect the higher Vision.

7. The same is true for EVERYTHING in your life, in your world. The infinite Perfection forever lives behind the finite conception. Beyond the illusion is always the Reality.

8. Look at your relationships. There may be strain, turmoil and friction from your perspective, but from the Higher Vision there is only love, harmony and peace. How do you restore or harmonize a relationship? You don’t have to do anything about the other person. The only person you have to do anything about is yourself. Through meditation and spiritual treatment you become one with the inner Reality and let the illusion of discord fade away.

9. What about money? In and around and through your financial affairs is the Truth of lavish abundance—the High Vision of all-sufficiency—overflowing supply to meet every need with plenty to spare and share. If you are seeing lack, limitation and insufficiency, you are looking at the illusion. But as the vibration of your consciousness becomes more spiritual—and you understand that the Spirit within you is appearing as your supply—the shadows of scarcity will dissolve.

10. Even your home and automobile are but *your* conceptions of a place to live and a means of transportation. Do they represent the expression of the Higher Consciousness? Is there beauty, ease, bountiful accommodations, harmony, and total dependability? Through your oneness with Spirit, *your* Spirit, illusory restrictions will be removed. And while the “form” of the house or car will still be finite materiality, the *experience* of joyful living and happy motoring will be Spirit appearing as the new Reality.

11. The great majority of people on the planet see only the world of illusion because they are living out of the slower vibrations and negative energies of the lower soul—the ego. What is illusion? Consider illness, suffering, lack, limitation, poverty, hunger, unemployment, conflict, crime, war, accidents, death. How can we call these seemingly real experiences illusions? Because they are not the Will of God—and only that which is the Cosmic Urge expressed is real.

12. How do we move from illusion to Reality? By awakening to our True Nature . . . by becoming of one accord with the Higher Self and *letting* that Self appear as every needed thing or experience in our lives. As you realize your oneness with the Spirit of God within, your “personal world” will change dramatically . . . your pocket of materiality on Earth will take on a new vibration, one that reflects the Higher Vision. You will have co-created a new Garden, and the Light from your Garden will be a harmonizing influence for the rest of the world.

Spiritual Activity

Make a list in your Spiritual Journal of everything you consider to be a part of “your” world. Include your body, the people around you, your place of employment—and the experiences, situations and conditions where you exert influence, and where you feel the influence of others. After your list is complete, review it with this thought in mind: *“My world is simply my consciousness projected on the screen of life, and anything I see that is not in perfect harmony is not the Will of God, therefore it is not real.”*

Next, take the individual parts of your world, i.e. your body, relationships, finances, job, etc.—and contemplate each one separately. As you do, begin to see in your mind’s eye and feel in your heart that God’s Vision of Reality—*of Truth*—is in, around and through that particular phase of your life. See it as radiant Light filling the entire condition or situation, and know that this Activity of God is the Divine Will in Expression.

Spend several minutes at various times throughout the day contemplating that glorious Reality of total fulfillment, knowing that as you lift up your consciousness—your vision—you will be working with the Law in totally transforming your personal world.