

CHAPTER ELEVEN

Reaching Mountaintop Consciousness

1. What is the most effective way to scale the mountain? Jesus gave us the answer when he talked about the commandment that is the first and greatest of all. He said “Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength.” Now the Lord *your* God is the Spirit of God within *you*—and you are told to love this Presence with your entire being—with everything you’ve got. Do you know what it means to love something totally? It means to have constant and continuous adoration for that something . . . to be so filled with devotion, affection, tenderness, warmth, admiration, rapture and love toward that something that your entire consciousness is taken over by it.

2. “That’s nice,” someone may say. “I may try that someday.” Well I certainly hope so, because when you do, everything in your life will change. Understand this: When you contemplate that Presence within, your very Spirit, with great love, that one-pointed love-focus will literally draw the awesome and incredible Power of the universe right into your thinking mind and feeling nature. You take on the Power and

you become the Power and you speak as the Power—and behold—all things are made new! Your thoughts of abundance produce abundance, your feelings of wholeness produce wellness in your body, your vision of success is manifest, your words of love bring forth the relationship you've been seeking.

3. When the Spiritual Masters of the past told us to love the true nature of our being, our Spiritual Reality, only a few people on this planet understood that this was a secret formula for health, wealth and happiness. Only a handful interpreted it from the standpoint of practical everyday living. Only a small percentage recognized it to be the combination to the Storehouse. To love your God-Self is the greatest commandment because within it are the secrets of the universe. And you can track this master teaching all the way back to the beginning of the Mystery Schools. It was taught by all the seers, sages, saints and master souls of the distant past—and one of the most comprehensive teachings is found in Deuteronomy.

4. In Deuteronomy 6:5-9 we are told: "And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might. And these words, which I command thee this day, shall be in thine heart: And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes. And thou shalt write them upon the posts of thy house, and on thy gates."

5. Talk about dedicating you life to the love of Christ within! And when you do, your world will change dramatically. You see, when you direct your attention within and focus that feeling of intense love toward your Higher Self, the entire vibration of your energy field is lifted up to be in tune with the Divine Vibration. And when this happens, you become a transparency for the Activity of God. The radiating Power from within will then dissolve old error patterns, false beliefs and negative appearances, and will move through you

to appear as every needed thing in your life. And the Spirit within is so practical! If you need a better job, one will be attracted to you. If you need more money, it will come in streams of abundance. If you need a healing, the wholeness will be manifest in your body. If you need a new relationship, the right “meeting” will be arranged. You will be shown that there is the perfect supply for every demand.

Spiritual Activity

Let’s take the instructions from Deuteronomy and put them into a nine-step program for daily living.

Step No. 1: We are told that these words (loving the Spirit of God within) “shall be in thine heart.” This means to impress your subconscious mind with your love of God through daily meditations—by contemplating your inner Being with all the love, adoration and emotion you can feel. So spend time each day in “tender passion” with your God-Self.

Step No. 2: We are told that “thou shalt teach (the love of our God-Self) diligently unto thy children.” Your “children” are your thoughts, so you begin now to train your mind—teaching it to relate only to the One Presence and Power within—and to love your Christ Self joyfully and gratefully. Whenever a negative thought enters your mind during the day, gently but firmly say “I choose to control my thoughts by laying aside every weight and turning within to the One I love with all my heart, mind and soul.” Then think on that Inner Presence with great love!

Step No. 3: We are told to talk of this love of our Christ Self “when thou sittest in thine house.” The “house” is your consciousness, and to “sit” in consciousness refers to prayer or spiritual treatment. Therefore, you begin your spiritual activity by first focusing your love on the Christ within and drawing that reciprocal Love Power into your consciousness.

Step No. 4: We are told to love our Higher Self “when thou walkest by the way.” This means that even in moments of idle thinking—when you are simply contemplating the activities of “this world”—you are not to forget the courtship

of your True Self. The dominant trend of your thoughts must now be in this direction, regardless of what you are doing.

Step No. 5: We are told to focus that love “when thou liest down.” In other words, before you go to sleep at night, again express your deep feelings of love for your beautiful Christ Self. Just say, “I love you so very much. You are so fine, so wonderful, and my love for you fills my entire being to overflowing.”

Step No. 6: We are told to express that love “when thou risest up.” Train yourself to begin each new day by acknowledging your Higher Self and pouring out all the love you can feel in your heart toward that Master Consciousness within. Say: “Through my love for you I dedicate this day to you. I seek only your will, your word, your way, your work. I let my light so shine this day that I only glorify you.”

Step No. 7: We are told that we shall bind this love of our Higher Self “for a sign upon thine hand.” Now the “hand” stands for the expressing of God’s ideas in the material world—and we are the channels for that expression in our daily activities. Therefore, we are told to bind—or insure—that we make our daily work a symbol or a sign of our love of God. So do everything that is in front of you to the very best of your ability—if for no other reason than for the love of your God-Self.

Step No. 8: We are told that this love for our Inner Self “be as frontlets between thine eyes.” That is a direct reference to the creative imagination faculty within all of us, so words and feelings of love for your Christ Self will lift up your vision, expand your consciousness, and enable you to see with new clarity and spiritual understanding.

Step No. 9: And finally, we are told that we shall write these words of love for our Higher Self “upon the posts of thy house, and on thy gates.” In other words, keep the love of your God-Self right in the forefront of your consciousness—right within your thinking/objective mind—moment by moment, hour by hour, day by day.

If you will make these nine steps an integral part of your daily living, your life will never be the same. You will be a

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new creature—“alive with God and upheld by His free Spirit forever!”